

UNICITY COMPLETE CHOCOLATE



You know you want to eat healthier and feel better, but you also know that it's sometimes easier said than done. You need to make sure you're controlling your caloric intake, getting enough protein, and eating foods that won't make your blood glucose spike, all while getting the right nutrients. You'll be lucky if you find something that meets all of those requirements and is palatable enough to make it all worth it.

Unicity Complete is a convenient way to meet all these needs. It's a delicious meal replacement, developed to provide you with the nutrition you need to be healthy. Complete is high-protein and low-carb, and it contains fiber to increase satiety. Drinking Complete for breakfast is a great way to start your day and set yourself up for success.

Complete Chocolate with Stevia is a delicious alternative to the traditional vanilla flavor.

BENEFITS

Serves as an easy and convenient meal replacement shake.

Provides 18 grams of protein to burn more fat, increase muscle mass, and feel fuller.

Contains 100% of recommended daily intake for many essential vitamins and minerals.

Contains 4 grams of fiber for increased satiety.

SUGGESTED USE

Mix two scoops of Complete with water or milk and drink as a meal-replacement shake.

For even better results, stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between.

Pair with Unicity Balance for even more help resisting cravings and burning fat.

AUDIENCE

Primary Target: Individuals looking for a healthy meal replacement in an eco-friendly package.

Secondary Target: People wanting a convenient way to get many essential vitamins and minerals.

Nutrition Facts

Serving Size 2 level scoops (37 g)
Servings Per Container about 30

Amount Per Serving		Calories from Fat 30
		% Daily Value*
Calories	130	
Total Fat	3.5 g	5%
Saturated fat	1 g	5%
Trans fat	0 g	
Cholesterol	45 mg	15%
Sodium	280 mg	12%
Potassium	450 mg	13%
Total Carbohydrate	9 g	3%
Dietary Fiber	4 g	16%
Soluble Fiber	3 g	
Sugars	2 g	
Protein	18 g	

Vitamin A	100%	Vitamin C	100%
Calcium	35%	Iron	100%
Vitamin D	100%	Vitamin E	100%
Thiamin	100%	Riboflavin	100%
Niacin	100%	Vitamin B-6	100%
Folic Acid	100%	Vitamin B-12	100%
Biotin	100%	Pantothenic Acid	100%
Phosphorus	10%	Iodine	100%
Magnesium	35%	Zinc	100%
Copper	100%	Manganese	100%
Chromium	100%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories:	2,000 2,500
Total Fat	Less than	65 g	60 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

OTHER INGREDIENTS

Protein Matrix (Whey Protein Concentrate, Milk Protein Isolate), Cocoa, Non-Dairy Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Di-glycerides, Natural Tocopherols, Tricalcium Phosphate), Inulin Fiber, Vitamin & Mineral Blend (Calcium Carbonate, Potassium Citrate, Sodium Citrate, Magnesium Oxide, Potassium Phosphate, Dicalcium Phosphate, Ascorbic Acid (Vitamin C), Vitamin E Acetate, Ferrous Fumarate, Biotin, Vitamin A Palmitate, Niacinamide, Zinc Oxide, Potassium Iodide, Copper Gluconate, d-Calcium Pantothenate, Manganese Sulfate, Folic Acid, Vitamin D3, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Chromium, Cyanocobalamin), Natural & Artificial Flavors, Sodium Chloride, Stevia Extract, Canola Oil, Xanthan Gum, Silicon Dioxide, Cellulose Gum, Carrageenan, Aloe Vera Gel Concentrate.

Contains: Milk